

TRAINING COURSES AND SERVICES

The courses below have been designed to meet the National Minimum Induction Standards, Sophistilearn do provide other courses and are happy to tailor training to the needs of the customer.

If you do not see the course you are interested in below please contact us for more information.

Training Management:

Sophistilearn is able to provide cost effective tailored training management services should a customer wish to outsource any part of training their carers.

3 Day Induction Programme

Duration: 9.30am to 4.45pm Daily.
Venue: On or Off Site.
Course Content: Principles of Care, Understand the Organisation and the Role of the Worker, Communication, Health & Safety Awareness, Food Hygiene Awareness, Vulnerable Adults Awareness, First Aid Awareness, Medication Awareness, Infection Control Awareness, Personal Care Awareness, Continence Care Awareness, Moving and Handling, Develop as a Worker.
Outcomes: Upon completion the delegate will have evidence that they have understood the general elements of all Standards 1, 2, 3, 4, 5, 6 of the Common Induction Standards.

Understanding Principles of Care

Duration: 1.5hrs.
Venue: On or Off Site.
Course Content: Values, Confidentiality, Person Centred Approaches, Risk Assessments.
Outcomes: Upon completion the delegate will have evidence that they understand the general elements of Standard 1 of the Common Induction Standards.

Communication

Duration: 1.5hrs.
Venue: On or Off Site.
Course Content: Encourage Communication, Use Communication Techniques, Principles of Good Record Keeping.
Outcomes: Upon completion the delegate will have evidence that they understand the general elements of Standard 4 of the Common Induction Standards.

Understand the Organisation and the Role of the Worker

Duration: 1hr 15mins.
Venue: On or Off Site.
Course Content: Understand your Organisation, Role as a Worker, Policies and Procedures, Worker Relationships.
Outcomes: Upon completion the delegate will have evidence that they understand the general elements of Standard 2 of the Common Induction Standards.

Developing as a Worker

Duration: 45mins.
Venue: On or Off Site.
Course Content: Support and Supervision, Knowledge and Skill Development.
Outcomes: Upon completion the delegate will have evidence that they understand the general elements of Standard 6 of the Common Induction Standards.

Health & Safety Awareness

Duration: 1.5hrs within 3 day Induction Programme, 2.5hrs Refresher.
Venue: On or Off Site.
Course Content: The Law, Common Hazards in the Home, Risk Assessment, Slips, Trips & Falls, COSHH, Equipment & Electrical Safety, RIDDOR, Personal Safety, PPE, Fire Awareness, Expectant Mothers, Water Safety, Gas Safety, Service User Rights, What you must NOT do.
Outcomes: Upon completion the delegate will have evidence that they understand the general elements of Standard 3.1 of the Common Induction Standards.

Food Hygiene Awareness

Duration: 1hr 45mins within 3 day Induction Programme, 2hrs Refresher.
Venue: On or Off Site.
Course Content: Role of a Carer, What is Food Hygiene, Causes of Food Poisoning, Types of Food Poisoning, Bacteria, High and Low Risk Foods, How to Prepare and Handle Food Safely, Correct Temperatures.
Outcomes: Upon completion the delegate will have evidence that they understand one of the general elements of Standard 3.1 of the Common Induction Standards.

Vulnerable Adults Awareness

Duration: 1.5hrs within 3 day Induction Programme, 1.5hrs Refresher.
Venue: On or Off Site.
Course Content: Abuse Awareness, Abuse Definitions, Understanding Abuse, Recognising Abuse, POVA & Whistle Blowing.
Outcomes: Upon completion the delegate will have evidence that they understand the general elements of Standard 5 of the Common Induction Standards.

First Aid Awareness

Duration: 1hr within 3 day Induction Programme, 1.5hrs Refresher.
Venue: On or Off Site.
Course Content: Basic Life Support, Unconsciousness, Heart Conditions, Wounds & Bleeding, Amputation, Burns, Cold and Heat Effects on the Body, Policies and Procedures.
Outcomes: Upon completion the delegate will have evidence that they have understood the general elements of Standard 3.4 of the Common Induction Standards. NB this course is not a substitute for an accredited first aid course.

Medication Awareness

Duration: 1hr 45mins within 3 Day Induction, 2hrs Refresher.
Venue: On or Off Site.
Course Content: Legislation, Categories of Medication, Roles, Responsibilities and Boundaries, Types of Medication and Routes, Side Effects, Safe Practice, Handling Sharps.
Outcomes: Upon completion the delegate will have evidence that they have understood the general elements of Standard 3.6 of the Common Induction Standards.

Infection Control Awareness

Duration: 1.5hrs 3 Day Induction Programme, 2hrs Refresher.
Venue: On or Off Site.
Course Content: Legislation, Your Role, The Main Routes of Infection, How to Prevent the Spread of Infection, Know how to Wash Hands Properly, What to do if a Service User is Ill.
Outcomes: Upon completion the delegate will have evidence that they have understood the general elements of Standard 3.5 of the Common Induction Standards.

Personal Care Awareness

Duration: 1hr 15mins 3 Day Induction, 1.5hrs Refresher.
Venue: On or Off Site.
Course Content: Definition of Personal Care, The Body, How to Bath, Shower, Bed Bath, Strip/Full Wash, Washing Teeth Correctly, Personal Grooming.
Outcomes: Upon completion the delegate will have evidence that they have understood how to undertake Personal Care duties appropriately.

Continence Care Awareness

Duration: 1hr 45mins 3 Day Induction, 2hrs Refresher.
Venue: On or Off Site.
Course Content: What is a Catheter, Why Service Users are Catheterised, Different types of Catheter, Drainage Bags, Outlet Taps & Support Systems, Policies and Procedures, Incontinence Aids and How to Use Them.
Outcomes: Upon completion the delegate will have evidence that they have understood the importance of Continence Care and how to work safely with Continence Aids.

Moving & Handling

Duration: 2hr 45mins Within 3 Day Induction, 2hr 45mins Refresher.
Venue: On or Off Site.
Course Content: Legislation, The Spine, Controversial Techniques, Equipment, Practical Assessment.
Outcomes: Upon completion the delegate will have evidence that they have understood the general elements of Standard 3.2 of the Common Induction Standards.